



NYS Apples NYS Cabbage

Monday



Tuesday



Wednesday



Thursday



Friday

Dr. Suess Day 1
Green Eggs and Ham
on a Bagel

Truffula Trees-Broccoli 1/2C
Fox in Sox-Peas 1/2C
Lorax Oranges- 1 Piece
One Fish Two Fish Graham
Cracker Fish
Milk-8oz

Chicken Nuggets
w/ FF Ranch Dipping Sauce

Baked Beans 3/4C
Fresh Fruit -1 piece
Milk-8oz

Taco Tuesday
Seasoned Meat & Cheese
Salsa-Sour Cream

Corn 3/4C
Fruit 1/2c
Milk -8oz

Open Face Turkey
Sandwich
Mashed Potatoes & Gravy

Steamed Broccoli 3/4c
NYS Apple-1Piece
Milk-8oz

BBQ Chicken Sandwich
on a WG Bun

NYS Cole Slaw 3/4c
Fruit 1/2c
Milk-8oz

Spaghetti & Meatballs
Warm Dinner Roll

Baby Carrots 3/4C
Fresh Fruit 1 piece
Milk-8oz

Chicken Patty
Sandwich

Maple Glazed Carrots 3/4C
Fruit 1/2C
Milk-8oz

Seasoned Meat
& Cheese Burritos
Salsa
WG Rice

Black Bean Salad 3/4 C
NYS Apple -1 Piece
Milk-8oz

Hot Dogs on a
WG Bun

Tator Tots 3/4C
Fruit 1/2C
Milk-8oz

Turkey & Cheese Subs
Lettuce-Cheese

Green Beans 3/4C
Fresh Fruit -1 Piece
Milk -8oz

Pepperoni & Cheese
OR Plain Cheese Pizzas

Steamed Broccoli 3/4C
Fruit 1/2c
Milk-8oz

National Sloppy Joe Day

Seasoned Meat
w/NYS peppers & onions
on a WG Bun

Green Beans 3/4C
Fresh Fruit -1 Piece
Milk -8oz

Baked Macaroni
& Cheese
Warm Dinner Roll

Corn 3/4C
Fruit 1/2C
Milk-8oz

Cheeseburgers
on a
WG Bun

Baked Beans 3/4C
Fruit 1/2C
Milk-8oz

Grilled Cheese &
Tomato Soup

Steamed Broccoli 3/4C
NYS Apple -1Piece
Milk-8oz

Chicken Tenders
OR Cheese Pizza Slices

Sweet Potatoes 3/4
Fresh Fruit 1 piece
Milk-8oz

Hot Dog Roll Ups
w/ cheese

Baked Beans 3/4C
Fruit 1/2C
Milk-8oz

Meat & Cheese
Enchiladas
Sour Cream-Salsa

Corn 3/4C
Fresh Fruit -1 Piece
Milk-8oz

Breakfast For Lunch

Egg Patty-Sausage-
Hash Brown Patty-Pancakes &
Syrup

Carrots 3/4C
Fruit 1/2C
Milk-8oz

Chicken Nuggets
Mashed
Potatoes & Gravy

NYS Cole Slaw 1/2C
Broccoli 1/2C
NYS Apple-1Piece
Milk-8oz

Start of Spring Break

If your Son / Daughter has a particular Food Allergy
please contact the Food Service Office
@ (716)834-7200 or maggiec@smsdk12.org

NYS LOCAL FOODS

*Upstate Farms Dairy
-milk, yogurt, sour cream
*Lyn-Oaken Farms Apples
*Local Farm Vegetables and
Fruit
Used in Meal Program
Highlighted in Green

In Addition to the Entrée of the
Day, we also serve the following

Items Daily:

6" Subs and Wraps Made to
Order (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich
(2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily

with all School Lunches:

Fresh or Prepared Fruit

(Must take ½ cup of Fruit or Vegetable – may
take up to 1 cup)

NY State Non or Low-Fat
White or
Non Fat Chocolate Milk 8oz